



## Summer School Lunch Menu Summer 2023



TOGETHER - Preparing EVERY  
Student for Future Success

Monday June 12, 2023	Tuesday June 13, 2023	Wednesday June 14, 2023	Thursday June 15, 2023	Friday June 16, 2023
	Villa Prima Pizza	Cheeseburger on a WG Bun	Buffalo Chicken Nuggets w/ WG Roll	
		LJHS Bagged Lunch	HS Bagged Lunch	
	Featured Veggies: Corn	Featured Veggies: French Fries	Featured Veggies: Broccoli w/ Cheese	
	Fresh Veggies	Fresh Veggies	Fresh Veggies	
		Choice of Fruit	Choice of Fruit	
		Choice of Milk	Choice of Milk	
Monday June 19, 2023	Tuesday June 20, 2023	Wednesday June 21, 2023	Thursday June 22, 2023	Friday June 23, 2023
	Spicy Chicken Patty on a WG Bun	Cheese Quesadilla	Walking Taco	
		LJHS Bagged Lunch	HS Bagged Lunch	
	Featured Veggies: Baked Beans	Featured Veggies: Mixed Vegetables	Featured Veggies: Seasoned Black Beans	
	Fresh Veggies	Fresh Veggies	Fresh Veggies	
	Choice of Fruit	Choice of Fruit	Choice of Fruit	
	Choice of Milk	Choice of Milk	Choice of Milk	
Monday June 26, 2023	Tuesday June 27, 2023	Wednesday June 28, 2023	Thursday June 29, 2023	Friday June 30, 2023
	Chicken Patty on a WG Bun	BBQ Ribby Sandwich	Beef Tacos w/ Soft Shells	
		LJHS Bagged Lunch	HS Bagged Lunch	
	Featured Veggies: Green Beans	Featured Veggies: French Fries	Featured Veggies: Broccoli	
	Fresh Veggies	Fresh Veggies	Fresh Veggies	
	Choice of Fruit	Choice of Fruit	Choice of Fruit	
	Choice of Milk	Choice of Milk	Choice of Milk	
Monday July 3, 2023	Tuesday July 4, 2023	Wednesday July 5, 2023	Thursday July 6, 2023	Friday July 7, 2023
	NO SCHOOL	Pulled Pork Sandwich on a WG Bun	Italian Meatball Sub on a Hoagie Bun	
		LJHS Bagged Lunch	HS Bagged Lunch	
		Featured Veggies: Baked Beans	Featured Veggies: French Fries	
		Fresh Veggies	Fresh Veggies	
		Choice of Fruit	Choice of Fruit	
		Choice of Milk	Choice of Milk	
Monday July 10, 2023	Tuesday July 11, 2023	Wednesday July 12, 2023	Thursday July 13, 2023	Friday July 14, 2023
	Macaroni & Cheese w/ Dinner Roll	Buffalo Chicken Dip w/ Tortilla Chips	Cowboy Burger on a WG Bun	
		LJHS Bagged Lunch	HS Bagged Lunch	
	Featured Veggies: Steamed Carrots	Featured Veggies: Refried Beans	Featured Veggies: Broccoli	
	Fresh Veggies	Fresh Veggies	Fresh Veggies	
	Choice of Fruit	Choice of Fruit	Choice of Fruit	
	Choice of Milk	Choice of Milk	Choice of Milk	
Monday July 17, 2023	Tuesday July 18, 2023	Wednesday July 19, 2023	Thursday July 20, 2023	Friday July 21, 2023
	Chicken Tenders w/ Dinner Roll	Nacho Grande w/ Tortilla Chips	Villa Prima Pizza	
		LJHS Bagged Lunch	Featured Veggies: Corn	
	Featured Veggies: Green Beans	Featured Veggies: Seasoned Black Beans	Fresh Veggies	
	Fresh Veggies	Fresh Veggies		
	Choice of Fruit	Choice of Fruit	Choice of Fruit	
	Choice of Milk	Choice of Milk	Choice of Milk	
<b>Student Paid Lunch \$0.00    Student Reduced Lunch \$0.00    Adult Lunch \$4.25</b>				

### DAILY ENTRÉE OPTIONS MAY INCLUDE

Craveable:  
PB & Jelly Unocrustable

### What is a Meal?

You must choose at least  
3 of 5 components available  
for the school lunch price.  
Meat or meat alternate, choice  
of vegetable,  
choice of fruit,  
grain/ bread and  
choice of milk  
1% White, Fat Free White  
Fat Free Chocolate  
Fat Free Vanilla  
Fat Free Strawberry  
A minimum of  
1/2 cup serving of fruit  
or a minimum of  
a 1/2 cup vegetable  
**MUST accompany a**

### Weekly Vegetable Subgroups

#### May include:

Dark green (spinach, broccoli, romaine,  
spring salad),  
red/orange (carrots, sweet potatoes,  
tomatoes, red peppers),  
beans/peas (legumes),  
starchy (white potatoes,  
corn, peas, lima beans),  
Other vegetables will include  
celery sticks, cucumbers, cauliflower,  
green peppers,  
green beans, cabbage,  
green peppers.

#### Daily Fruit Selections May include:

Oranges, Apples, Bananas, Grapes,  
Pears, Peaches, Cantaloupe, Melon,  
Strawberries, Applesauce, Pineapple,  
and Mandarin Oranges.

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Menu subject to change based on  
product availability

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